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# Health Technology Review

# Midazolam Compared With Lorazepam in Adults to Control Seizures

# Key Messages

### What Is the Issue?

- The emergency treatment of prolonged seizures or status epilepticus is required to be rapid and efficient to prevent permanent brain damage or death.
- Benzodiazepines, such as midazolam, lorazepam, diazepam, and clonazepam, are established as first-line treatment medications for acute treatments of seizures.
- Various administration routes of delivery for these drugs have become available, but the comparative clinical effectiveness and safety among administration routes are still unclear.
- Decision-makers are interested in whether the current use of intramuscular (IM) midazolam for treatment of seizures by paramedics in a prehospital environment can be switched to IV lorazepam as normally used by nurses and physicians in clinic settings.

### What Did We Do?

- We identified and summarized the literature on the evidence of the clinical effectiveness and safety of midazolam compared to lorazepam in adults to control seizures.
- We searched key resources, including journal citation databases, and conducted a focused internet search for relevant evidence published since 2019. One reviewer screened citations for inclusion based on predefined criteria, critically appraised the included studies, and narratively summarized the findings.

### What Did We Find?

- We identified 1 systematic review (SR) that included 4 randomized controlled trials (RCTs), only 1 was relevant to this review. This doubleblind RCT determined the efficacy of IM midazolam as noninferior to IV lorazepam for treatment of seizures by paramedics in a mixed population of adults (89%) and children (11%).
- The authors of the SR conducted a subanalysis of a dataset of participant-level data and showed that IM midazolam was as effective and safe as IV lorazepam in adult patients for prehospital seizure cessation. The findings of the adult population were similar to those of the whole randomized population of both adults and children.

# Key Messages

### What Does This Mean?

- With the shorter time required to administration of midazolam by the IM route compared to administration of lorazepam by the IV route, and the comparable efficacy and safety between the 2 active treatments, the use of IM midazolam may be a better option in the prehospital environment when IV access in patients with seizures is not readily established.
- Switching of IM midazolam to IV lorazepam for treatment of seizures by paramedics may not be practical.

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## **Abbreviations**

- AE adverse event
- **CI** confidence interval
- ED emergency department
- ICU intensive care unit
- IM intramuscular
- ITT intention to treat
- **RCT** randomized controlled trial
- **RR** relative risk
- SR systematic review

### **Context and Policy Issues**

### What Is Seizure?

A seizure is a period of symptoms caused by sudden, uncontrolled, and abnormal electrical activity between nerve cells in the brain that causes temporary changes in behaviour, feelings, movements (sudden stiffening and jerking of the arms and legs), and levels of consciousness.<sup>1-3</sup> Seizures are classified into 2 major classes (i.e., focal onset and generalized onset) that are based on how and where seizures begin.<sup>1-3</sup> Focal onset seizures, the most common type of seizure in adults, start with electrical activity in 1 area of the brain and can occur with or without impaired awareness.<sup>1-3</sup> There are 2 types of focal seizures: focal aware seizure (the person is aware of what is happening) and focal unaware seizure (the person may appear confused and cannot respond to questions or directions).<sup>1-3</sup> Generalized onset seizures involve all areas of the brain where abnormal nerve discharges surge more or less at the same time.<sup>1-3</sup> Generalized seizures commonly develop during childhood and may have a genetic component.<sup>1-3</sup> There are 6 main types of generalized seizures: tonic-clonic, tonic, clonic, myoclonic, absence, and atonic seizures.<sup>2,3</sup>

Seizures may be either provoked or unprovoked.<sup>4,5</sup> Provoked seizures may result from various causes such as electrolyte disturbances (e.g., hypoglycemia, hyponatremia, hypernatremia, or hypocalcemia), acute toxic effects, withdrawal syndromes (e.g., alcohol or benzodiazepines), infections (e.g., sepsis or central nervous system infection), brain injury (e.g., hypoxic or trauma), stroke, neoplasm, inflammation, fever, or sleep deprivation.<sup>5</sup> Unprovoked seizures occur without provocative causes or more than 7 days after an acute injury of the brain such as a stroke (ischemic or hemorrhagic).<sup>5</sup> Epilepsy is defined as 2 or more unprovoked seizures.<sup>1</sup> Also, when a seizure lasts more than 5 minutes or when seizures occur closely together without returning to a normal level of consciousness between episodes, this is a medical emergency known as status epilepticus, or prolonged seizures, and a treatment is required immediately to prevent permanent brain damage or death.<sup>6</sup>

Data from fiscal year 2021–2022 showed that about 1 out of 100 people living in Canada live with epilepsy.<sup>7</sup> Among those with epilepsy, 13% were children and adolescents (aged 1 to 19 years), 63% were adults (aged 20 to 64 years), and 24% were older adults (aged 65 years and older).<sup>7</sup> The proportions are similar for both sexes.<sup>7</sup> However, new cases are more frequent among younger and older people (i.e., 66 new cases per 100,000 in children and adolescents, 51 new cases per 100,000 in adults, and 87 new cases per 100,000 in older adults).<sup>7</sup>

### What Is the Current Practice?

Initial response to a person having a seizure involves ensuring the person is protected from potential harms from objects nearby, and managing their airway, breathing, and circulation.<sup>1,8</sup> The person should be placed on their side to prevent choking.<sup>1,8</sup> There are many approaches for treatment of seizures including medication, surgery, electrical stimulation, dietary therapy, and lifestyle changes.<sup>9</sup> For medication, benzodiazepines such as midazolam, lorazepam, or diazepam are recommended as first-line treatment medications for continuing seizures.<sup>1,10</sup> Second-line treatment medications include fosphenytoin, valproate, and levetiracetam.<sup>1,10</sup>

The choice of a drug depends on many factors including seizure type, seizure frequency, lifestyle, age, drug side effects, other health conditions, and pregnancy.<sup>9</sup> An antiseizure medication is usually started with a low dose, which is slowly titrated upward to determine an optimal dose that gives the best seizure control with minimal side effects.<sup>9</sup> All benzodiazepines can cause amnesia, sedation, respiratory depression, and coma.<sup>11</sup> As side effects depend on dose and duration of action, choices of an adequate dose and of a short half-life drug are important factors.<sup>11</sup> Underdosing of benzodiazepines is therefore common for fear of respiratory depression.<sup>11</sup>

### What Are the Characteristics of Midazolam and Lorazepam?

Midazolam is a short-acting benzodiazepine with a relatively rapid onset of action (within 2 minutes after IM injection) and a relatively short half-life of 1 to 4 hours.<sup>11</sup> The duration of action is 1 to 2 hours.<sup>12</sup> This drug exhibits anxiolytic, muscle relaxant, anticonvulsant, sedative, hypnotic, and amnesic properties.<sup>11</sup> Midazolam formulations are available by oral (tablet or syrup), rectal, intranasal, IM, IV, or buccal.<sup>11</sup> Midazolam injection (solution, 1 mg/mL and 5 mg/mL, IV and IM) has been approved for use in various biomedical applications, including surgical or diagnostic procedures, endoscopic procedures, anesthesia, and sedation during intubation for mechanical ventilation in the intensive care unit (ICU).<sup>13</sup> Midazolam administered through IM route has been recommended for adult status epilepticus in the prehospital setting or where obtaining IV access is not available or challenging in patients with ongoing convulsions.<sup>10</sup>

Lorazepam is a benzodiazepine with a fast onset of action (1 to 3 minutes after IV injection) and a relatively intermediate half-life of 8 to 25 hours. The duration of action is about 10 to 20 hours.<sup>11</sup> This drug has anticonvulsant, sedative, hypnotic, and anti-anxiety properties.<sup>11</sup> Available routes of delivery of lorazepam include oral, sublingual, IM, and IV.<sup>11</sup> Lorazepam injection (solution, 4 mg/mL, IM and IV) has been approved for use in adults for anxiety relief, in patients with anxiety neurosis or before surgical intervention, and as an anticonvulsant drug for the control of status epilepticus.<sup>14</sup>

### Why Is It Important to Do This Review?

The American Epilepsy Society guideline has a treatment algorithm for status epilepticus, which starts with a stabilizing phase (0 to 5 minutes), followed by an initial therapy phase (5 to 20 minutes) using a benzodiazepine as first choice in children and adults in a prehospital setting or in-hospital setting.<sup>15</sup> One of the 3 equivalent first-line options is IM midazolam (10 mg for > 40 kg, 5 mg for 13 to 40 kg, single dose), IV lorazepam (0.1 mg/kg, a maximum single dose of 4 mg, may repeat dose once), or IV diazepam (0.15 to 0.2 mg/kg, a maximum single dose of 10 mg, may repeat dose once).<sup>15</sup> If the abovementioned 3 options are not available, the guideline recommends using IV phenobarbital, rectal diazepam, or intranasal midazolam.<sup>15</sup>

In the prehospital setting, many emergency paramedic services routinely use IM midazolam rather than IV lorazepam, although IV lorazepam is the most effective treatment and commonly used to treat seizures in the emergency department (ED).<sup>10,16,17</sup> The preferred use of IM midazolam by paramedics in the prehospital setting highlights that IM administration is faster and easier to attain than IV administration, and lorazepam solution has a shorter shelf-life in the absence of refrigeration.<sup>16,18</sup> Decision-makers want to know whether IM midazolam is as effective and safe as IV lorazepam for terminating seizures before arriving at the hospital,

and whether paramedic protocols can be switched to using IV lorazepam to align with protocols in the inhospital settings.

# Objective

To support decision-making about whether paramedics should switch their protocols from using IM midazolam to IV lorazepam, we prepared this Rapid Review to summarize and critically appraise the available studies on the comparative clinical effectiveness and safety of midazolam and lorazepam in adults to control seizures.

# **Research Question**

What are the clinical effectiveness and safety of midazolam compared to lorazepam in adults to control seizures?

### **Methods**

### **Literature Search Methods**

An information specialist conducted a literature search on key resources including MEDLINE, Embase, the Cochrane Database of Systematic Reviews, the International HTA Database, the websites of Canadian and major international health technology agencies, as well as a focused internet search. The search approach was customized to retrieve a limited set of results, balancing comprehensiveness with relevancy. The search strategy comprised both controlled vocabulary, such as the National Library of Medicine's MeSH (Medical Subject Headings), and keywords. Search concepts were developed based on the elements of the research questions and selection criteria. The main search concepts were midazolam and lorazepam and seizures. The search was completed on September 19, 2024, and limited to English-language documents published since January 1, 2019.

### **Selection Criteria and Methods**

One reviewer screened citations and selected studies. In the first level of screening, titles and abstracts were reviewed and potentially relevant articles were retrieved and assessed for inclusion. The final selection of full-text articles was based on the inclusion criteria presented in <u>Table 1</u>.

Criteria	Description
Population	Adult patients experiencing seizures: First Nations, Inuit, and Métis populations, patients in remote or nursing station settings, patients without IV or IO access, patients with a risk of respiratory depression (prior use of barbiturates)
Intervention	Midazolam in the treatment of seizures (acute, emergency setting)
Comparator	Lorazepam in the treatment of seizures (acute, emergency setting)

### Table 1: Selection Criteria

Criteria	Description
Outcomes	<b>Effectiveness:</b> time to seizure cessation (time from administration of the medication to the cessation of seizure activity); seizure recurrence rate (proportion of patients who experience seizure recurrence within a defined period [e.g., 24 hours] after initial treatment); need for additional dosing (percentage of patients requiring a second dose or additional rescue medication due to ongoing or recurrent seizures); Glasgow Outcome Scale (neurologic function and overall recovery postseizure)
	<b>Safety:</b> adverse effects, respiratory depression, hypotension, bradycardia following administration, rates of hospitalization or intensive care admission
Study designs	HTAs, SRs with or without MA or NMA, RCTs

HTA = health technology assessment; IO = intraosseous; MA = meta-analysis; NMA = network meta-analysis; RCT = randomized controlled trial; SR = systematic review.

#### **Exclusion Criteria**

Articles were excluded if they did not meet the selection criteria outlined in <u>Table 1</u> or were published before 2019.

### **Critical Appraisal of Individual Studies**

The included publication was critically appraised by 1 reviewer using A Measurement Tool to Assess Systematic Reviews 2 (AMSTAR 2)<sup>19</sup> for SR. Summary scores were not calculated for the included studies; rather, the strengths and weaknesses of the included publication were described narratively.

### **Summary of Evidence**

### **Quantity of Research Available**

We identified a total of 276 citations from the literature search. Following screening of titles and abstracts, we excluded 266 citations and retrieved 10 potentially relevant reports from the electronic search for full-text review. We found no potentially relevant publications from the grey literature search. Of the 10 potentially relevant articles, we excluded 9 publications for various reasons, and included 1 publication (i.e., SR) that met the inclusion criteria. <u>Appendix 1</u> presents the PRISMA<sup>20</sup> flow chart of the study selection.

### **Summary of Study Characteristics**

Table 2 provides details regarding the characteristics of the included SR.<sup>21</sup>

Included studies for the research question: what are the clinical effectiveness and safety of midazolam compared to lorazepam in adults to control seizures?

### **Study Design**

The identified SR<sup>21</sup> included 4 RCTs, of which only 1 RCT was relevant for this review.

### **Country of Origin**

The SR<sup>21</sup> was conducted by authors in the UK.

### **Patient Population**

The interested patient population included in the SR<sup>21</sup> were adults with convulsive status epilepticus from the RAMPART trial by Silbergleit et al., who recruited adults (89%) and children (11%) with a body weight of at least 13 kg.<sup>22</sup> The authors of the SR<sup>21</sup> obtained a dataset of participant-level data by contacting the authors of the RAMPART trial,<sup>22</sup> and extracted data of 782 participants aged older than 16 years. Mean age was 48 years in the IM midazolam group and 49 years in the IV lorazepam group. The proportion of male to female was similar in both groups. Most patients in both groups (about 90%) had status epilepticus.

### Intervention and Comparator

The RAMPART trial<sup>22</sup> was a double-blind, randomized, noninferiority trial comparing the efficacy and safety of IM midazolam with IV lorazepam for children and adults with status epilepticus treated by paramedics. Patients with an estimated body weight of more than 40 kg received either 10 mg IM midazolam followed by IV placebo or IM placebo followed by IV lorazepam.

### Outcomes

The outcomes presented in the SR<sup>21</sup> were seizure cessation, recurrence of seizure, and adverse events (AEs). Seizure cessation was reported as the proportion of people with cessation of seizure activity and time to seizure cessation from administration of the study drug. Recurrence of seizures was reported as proportion of people with recurrence of seizures. AEs were reported as mortality rates of the adult population and respiratory depression rates of the whole population of the RAMPART trial.<sup>22</sup> In addition to the outcomes for adults as reported in the SR,<sup>21</sup> we also referred to the pivotal RAMPART trial<sup>22</sup> to extract all primary and secondary outcomes for the intention to treat (ITT) population that were not reported in the SR. Additional outcomes included endotracheal intubation, hypotension, hospital admission, ICU admission, hospital length of stay, and ICU length of stay.

### **Summary of Critical Appraisal**

Table 3 provides details regarding the strengths and weaknesses of the included SR.<sup>21</sup>

The included SR<sup>21</sup> was explicit in its objective, inclusion criteria for the review, literature search strategy, and selection of the study designs for inclusion. The authors of the SR registered the research protocol (PROSPERO) before conducting the review. The study selection, data extraction, and critical appraisal of the included studies were performed independently by 2 reviewers. Disagreements were resolved by discussion or consultation with a third review author. Critical appraisal was conducted using a revised Cochrane risk of bias tool for randomized trials. The characteristics of the included studies were described in adequate details, including study design, intervention, control, and outcomes. Patient characteristics were adequately described. The authors of the SR provided a list of excluded studies and the reasons for exclusion. The review authors declared that they had no conflicts of interest related to this work. Overall, the methodology of the included SR was robust.

### **Summary of Findings**

<u>Table 4</u> presents the main study findings, which were summarized as clinical outcomes and safety outcomes.

# Clinical Effectiveness Outcomes of Midazolam Compared to Lorazepam in Adults to Control Seizures

Table 4 presents the summary of clinical outcomes of the adult population and the ITT population.

### Seizure Cessation

Seizures were terminated without rescue therapy before arrival in the ED in 73.9% (289 of 391) of adult patients treated with IM midazolam and in 62.4% (244 of 391) of patients treated with IV lorazepam. Statistical comparisons were not reported. The results were similar to those of the entire ITT population (i.e., 73.4% versus 63.4% for IM midazolam versus IV lorazepam, respectively; P < 0.001).

Among adult patients whose seizures ceased before arrival in the ED, the median time from administration of the study drug to seizure cessation (i.e., onset of action) was 3 minutes (range, 2 minutes to 6.3 minutes) for IM midazolam and 2 minutes (range, 1 minute to 4.4 minutes) for IV lorazepam. Similarly, the onset of action of the study drugs in the ITT population occurred longer after IM than after IV administration (3.3 minutes versus 1.6 minutes), but the median time required to administration of active treatment was shorter by the IM route than by the IV route (1.2 minutes versus 4.8 minutes). However, the overall interval from the start of drug administration to the termination of seizures was similar in both groups (data shown in a graphical form).

### **Recurrence of Seizures**

Within 12 hours after ED arrival, seizures reoccurred in 12.0% (47 of 391) of adult patients in the IM midazolam group and in 10.7% (42 of 391) of those in the IV lorazepam group. The results were similar to the entire ITT population (i.e., 11.4% versus 10.6% for IM midazolam versus IV lorazepam, respectively). Statistical comparisons were not reported.

### Safety Outcomes of Midazolam Compared to Lorazepam in Adults to Control Seizures

<u>Table 5</u> presents the summary of safety outcomes mostly of the ITT population obtained from the RAMPART trial.<sup>22</sup> The SR<sup>21</sup> only reported the mortality rates of the adult population.

### **Respiratory Depression**

Among all patients who were enrolled and underwent randomization, respiratory depression occurred in 6.4% (33 of 514) of patients who received IM midazolam and in 10.0% (47 of 509) of patients who received IV lorazepam. Statistical comparisons were not reported.

### Mortality

Mortality rates among adult patients receiving IM midazolam and IV lorazepam were 2.8% (11 of 391) and 2.0% (8 of 391), respectively. Statistical comparisons were not reported. No mortality rates for the ITT population were reported.<sup>22</sup>

### Endotracheal Intubation

The frequencies of endotracheal intubation were similar in the 2 study groups of the ITT population. The relative risk (RR) was 0.98 with a 95% confidence interval (CI) of 0.70 to 1.34.

### Hypotension

The frequencies of hypotension were similar in the 2 study groups of the ITT population (RR = 0.92; 95% CI, 0.42 to 1.98).

### Hospitalization

The proportion of patients in the ITT population admitted to the hospital was statistically significantly lower in the IM midazolam group than in the IV lorazepam group (RR = 0.88; 95% CI, 0.79 to 0.98).

### **ICU Admission**

The proportion of patients in the ITT population admitted to the ICU was statistically significantly lower in the IM midazolam group than in the IV lorazepam group (RR = 0.79; 95% CI, 0.65 to 0.95).

### Length of Stay in the Hospital

The length of stay in the hospital did not statistically significantly differ between groups of the ITT population (P = 0.11).

### Length of Stay in the ICU

The length of stay in the ICU did not statistically significantly differ between groups of the ITT population (P = 0.09).

### Limitations

### **Evidence Gaps**

No actual trials were found for the comparison of the efficacy and safety of midazolam versus lorazepam in adults with seizures. The authors of the included SR<sup>21</sup> were able to access the individual participant data of the RAMPART trial,<sup>22</sup> and conduct the analysis of the 782 participants aged older than 16 years. However, the authors of the SR<sup>21</sup> that performed the subanalysis for the adult population did not have a statistical plan for the comparisons of outcomes between groups.

### Generalizability

Subanalysis of data from a single trial (RAMPART) published in 2012 limited the generalizability of the findings to the general adult patient population. However, evidence from the RAMPART trial<sup>22</sup> suggested that IM midazolam is as safe and effective as IV lorazepam for prehospital seizure cessation in both children and adults.

### **Certainty of Evidence**

It remains uncertain regarding the comparative clinical efficacy and safety of midazolam and lorazepam in adults with seizures, as the sample size of adults extracted from the RAMPART trial may have inadequate power to detect clinically important differences between midazolam and lorazepam.

# **Conclusions and Implications for Decision- or Policy-Making**

This review included 1 SR<sup>21</sup> that included 4 RCTs, but only 1 was relevant to the research question. The RAMPART trial<sup>22</sup> was a double-blind, randomized, noninferiority trial comparing the efficacy and safety of IM midazolam with IV lorazepam for children and adults with seizures treated by paramedics. The authors of the SR obtained the available dataset of participant-level data, extracted data for the 782 participants aged older than 16 years, and narratively summarized each outcome without performing any statistical comparisons. We therefore referred to the RAMPART trial<sup>22</sup> to present the outcomes that were not reported in the SR.

Among the adult population, seizures were stopped without rescue therapy at the time of arrival in the ED in 73.9% of the IM midazolam group and in 62.4% of the IV lorazepam group. The findings were similar with the ITT population showing that prehospital treatment with IM midazolam was as effective as IV lorazepam (73.4% versus 63.4%; P < 0.001). The noninferiority of IM midazolam compared with IV lorazepam in the ITT population was supported by highlighting that the frequencies of recurrence of seizures, endotracheal intubation, and other safety outcomes such as respiratory depression, and hypotension were similar between the 2 treatment groups. The proportion of patients of the ITT population admitted to the hospital or the ICU was statistically significantly lower in the IM midazolam group than the IV lorazepam group, but there were no differences in the length of stay. Given that the overall interval from the starting of drug administration to the termination of seizures was similar in both groups, the time required to deliver midazolam intramuscularly was shorter compared to IV lorazepam, lorazepam was less stable when not refrigerated, and IM midazolam was as effective and safe as IV lorazepam. Switching of IM midazolam to IV lorazepam for treatment of seizures by paramedics may not be practical.

### **Considerations for Future Research**

Future clinical trials comparing midazolam to lorazepam using different administration routes would provide useful information to inform the management of seizures in adults, especially for prehospital settings when IV access is not feasible.

### **Implications for Clinical Practice**

Although the onset of action was more rapid after IV administration than after IM administration, the longer time required to administration of lorazepam by the IV route versus administration of midazolam by the IM route suggested that establishing IV access in the prehospital setting can be challenging and time-consuming. Since IM administration is more readily accessible and has comparable efficacy with IV administration, the use of IM midazolam may be a better option for treatment of seizures in the prehospital environment.

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# **Appendix 1: Selection of Included Studies**

### Figure 1: PRISMA Flow Chart of Study Selection



# **Appendix 2: Characteristics of Included Publication**

Note that this appendix has not been copy-edited.

### Table 2: Characteristics of Included Systematic Review

Study citation, country, funding source	Study design, outcomes	Intervention and comparators	Included studies	Population characteristics
Cruickshank et al. (2022) <sup>21</sup> UK <b>Funding source:</b> National Institute for Health Research	SR Outcomes: • Seizure cessation • Recurrence of seizures • AEs	Intervention: IM MDZ (N = 391) Comparator: IV LZP (N = 391)	4 RCTs, but only 1 relevant RCT – the RAMPART trial (double- blind, randomized, noninferiority trial) <sup>22</sup> Setting: paramedics Number of centres: NR (4,314 paramedics, 33 emergency medical services, and 79 receiving hospitals) Country: US Duration of follow-up: NR (participants were followed for duration of hospital stay, an average of 6 days)	The RAMPART trial recruited adults and children with body weight at least 13 kg (N = 893). The authors of the SR obtained a publicly available dataset of participant-level data and extracted data for the 782 participants over 16 years of age. Mean age (SD), years: • IM MDZ: 48 (17) • IV LZP: 49 (18) Gender (M/F), n (%) • IM MDZ: 217/174 (56/44) • IV LZP: 203/188 (52/48) Diagnosis, n (%): • IM MDZ: • SE: 352 (90%) • NE: 28 (7%) • UD: 11 (3%) • IV LZP: • SE: 348 (89%) • NE: 29 (7%) • UD: 14 (4%)

AE = adverse event; F = female; IM = intramuscular; IV = IV; LZP = lorazepam; M = male; MDZ = midazolam; NE = nonepileptic; NR = not reported; RCT = randomized controlled trial; SE = status epilepticus; SD = standard deviation; UD = undetermined.

# **Appendix 3: Critical Appraisal of Included Publication**

Note that this appendix has not been copy-edited.

### Table 3: Strengths and Weaknesses of Systematic Review Using AMSTAR 2<sup>19</sup>

Strengths	Weaknesses		
Cruickshank et al. (2022) <sup>21</sup>			
• The research question or objective and the inclusion criteria for the review clearly include the components of PICO.	<ul> <li>The review authors did not report on the sources of funding for the studies included in the review.</li> </ul>		
<ul> <li>The SR was conducted according to the current methodological standards and prespecified its methods in a research protocol.</li> </ul>			
<ul> <li>The review authors explained their selection of eligible study designs (i.e., RCT).</li> </ul>			
<ul> <li>The review authors performed study selection, data extraction, and quality assessment of the primary studies in duplicate.</li> </ul>			
<ul> <li>The review authors provided a list of excluded studies and justified the exclusions.</li> </ul>			
<ul> <li>The review authors describe the characteristics of included studies (i.e., populations, interventions, comparators, outcomes, and research design) in adequate detail.</li> </ul>			
<ul> <li>The review authors used the revised Cochrane risk of bias tool to assess the risk of bias of the included studies.</li> </ul>			
<ul> <li>The review authors declared that they had no conflicts of interest related to this work.</li> </ul>			

AMSTAR 2 = A MeaSurement Tool to Assess systematic Reviews 2; PICO = population, intervention, comparator, and outcome; RCT = randomized controlled trial; SR = systematic review.

# **Appendix 4: Main Study Findings**

Note that this appendix has not been copy-edited.

### **Table 4: Summary of Clinical Outcomes**

Study Citation and Study Design	Outcomes	Results	Notes	
Cruickshank et al. (2022) <sup>21</sup> SR Included study: • The RAMPART trial (double-blind, randomized, noninferiority trial) <sup>22</sup> ITT population: • IM MDZ (N = 448) • IV LZP (N = 445) Adult population: • IM MDZ (N = 391) • IV LZP (N = 391)	Seizure cessation			
	Number of people experiencing seizure cessation, n/N (%)	Adults only: • IM MDZ: 289/391 (73.9) • IV LZP: 244/391 (62.4) Entire population (ITT): • IM MDZ: 329/448 (73.4) • IV LZP: 282/445 (63.4); P < 0.001	Seizures were terminated before arrival in the ED without the need for rescue therapy. No statistical comparison was performed for the adult population.	
	Median time needed to administer the medication, minutes Median time (IQR) to seizure cessation from administration of study drug, minutes	Adults only: • IM MDZ: NR • IV LZP: NR Entire population (ITT): • IM MDZ: 1.2 • IV LZP: 4.8 Adults only: • IM MDZ: 3 (2 to 6.3) • IV LZP: 2 (1 to 4.4) Entire population (ITT): • IM MDZ: 3.3 • IV LZP: 1.6	Among patients whose seizures ceased before arrival in the ED. The median time to administration of active treatment was shorter by the IM route (1.2 vs. 4.8 minutes), but the onset of action (i.e., termination of seizures) occurred sooner after IV than after IM administration (1.6 vs. 3.3 minutes). However, the overall interval until termination of seizures was similar in both groups (data were shown in a graphical form).	
	Recurrence of seizures			
	Number of people with recurrence of seizures, n/N (%)	Adults only: • IM MDZ: 47/391 (12.0) • IV LZP: 42/391 (10.7) Entire population (ITT): • IM MDZ: 51/448 (11.4) • IV LZP: 47/445 (10.6)	Within 12 hours after ED arrival	

ED = emergency department; IM = intramuscular; IQR = interquartile range; ITT = intention to treat; IV = IV; MDZ = midazolam; LZP = lorazepam; SR = systematic review.

### Table 5: Summary of Safety Outcomes

Study Citation and Study Design	Outcomes	Results	Notes
Cruickshank et al. (2022) <sup>21</sup> SR Included study: • The RAMPART trial (double-blind, randomized, noninferiority trial) <sup>22</sup> ITT population: • IM MDZ (N = 448) • IV LZP (N = 445) Adult population: • IM MDZ (N = 391) • IV LZP (N = 391)	Respiratory depression, n/N (%)	Adults only: • IM MDZ: NR • IV LZP: NR Total randomized enrolments: • IM MDZ: 33/514 (6.4) • IV LZP: 47/509 (10.0)	Data for adult population were not reported in the SR. The SR reported data of all enrolled participants.
	Mortality, n/N (%)	Adults only: • IM MDZ: 11/391 (2.8) • IV LZP: 8/391 (2.0) Entire population (ITT): • IM MDZ: NR • IV LZP: NR	Data for adult population were reported in the SR. Data for ITT population were not reported in the pivotal trial. <sup>22</sup>
	Endotracheal intubation, n/N (%)	Adults only: • IM MDZ: NR • IV LZP: NR Entire population (ITT): • IM MDZ: 63/448 (14.1) • IV LZP: 64/445 (14.4) • RR (95% CI): 0.98 (0.70 to 1.34)	Data for adult population were not reported in the SR. Data for ITT population were obtained from the pivotal trial. <sup>22</sup> Within 30 minutes after ED arrival
	Hypotension, n/N (%)	Adults only: • IM MDZ: NR • IV LZP: NR Entire population (ITT): • IM MDZ: 12/448 (2.7) • IV LZP: 13/445 (2.9) • RR (95% CI): 0.92 (0.42 to 1.98)	Data for adult population were not reported in the SR. Data for ITT population were obtained from the pivotal trial. <sup>22</sup>
	Hospitalization, n/N (%)	Adults only: • IM MDZ: NR • IV LZP: NR Entire population (ITT): • IM MDZ: 258/448 (57.6) • IV LZP: 292/445 (65.6); P = 0.01 • RR (95% CI): 0.88 (0.79 to 0.98)	Data for adult population were not reported in the SR. Data for ITT population were obtained from the pivotal trial. <sup>22</sup>

Study Citation and Study Design	Outcomes	Results	Notes
	Mean (SD) length of hospital stay, days	Adults only: • IM MDZ: NR • IV LZP: NR Entire population (ITT): • IM MDZ: 6.7 (10.0) • IV LZP: 5.5 (6.4); P = 0.11	Data for adult population were not reported. Data for ITT population were obtained from the pivotal trial. <sup>22</sup> Number of patients with length of stay data: • IM MDZ: 251 • IV LZP: 285
	ICU admission, n/N (%)	Adults only: • IM MDZ: NR • IV LZP: NR Entire population (ITT): • IM MDZ: 128/448 (28.6) • IV LZP: 161/445 (36.2); P = 0.01 • RR (95% CI): 0.79 (0.65 to 0.95)	Data for adult population were not reported in the SR. Data for ITT population were obtained from the pivotal trial. <sup>22</sup>
	Mean (SD) length of ICU stay, days	Adults only: • IM MDZ: NR • IV LZP: NR Entire population (ITT): • IM MDZ: 5.7 (9.5) • IV LZP: 4.1 (4.7); P = 0.09	Data for adult population were not reported. Data for ITT population were obtained from the pivotal trial. <sup>22</sup> Number of patients with length of stay data: • IM MDZ: 123 • IV LZP: 155

ED = emergency department; ICU = intensive care unit; IM = intramuscular; IQR = interquartile range; ITT = intention to treat; IV = IV; MDZ = midazolam; LZP = lorazepam; NR = not reported; RAMPART = Rapid Anticonvulsant Medication Prior to Arrival Trial; RR = relative risk; SD = standard deviation; SR = systematic review.



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